Ephesians

Prayers, reflections, new hymns, and scripture for public worship and personal devotions

> from the series: Fresh Views of Timeless Truths

> > Ken Bible

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Contents

Scripture, Prayers, Reflections, and Hymns

Ephesians 1:1-3	5
Complete Your Love in Us	6
<i>Love Has Brought Us Near</i>	7
Ephesians 1:3-14	9
Prayer Response to Ephesians 1:3-14	10
<i>Ephesians 1</i>	11
Ephesians 1:15-23	13
You Are the Blessing	14
<i>The Blessing of the Lord</i>	15
Ephesians 2:1-13	17
Mercy	18
Sea of Mercy	20
Ephesians 2:14-22	22
Greater Than the Temple	23
<i>We Have Come, God's Living Temple</i>	25
Ephesians 3:1-13	26
Cross Every Barrier	27
Beyond All Barriers	29
Ephesians 3:14-21	31
Please Yourself, Lord	32
Beyond Imagination	33
Ephesians 4:1-6	34
Follow One Leader	35
<i>One in Jesus</i>	36
Ephesians 4:7-16	37
As We Live in Christ	38
<i>Live and Love and Grow in Christ</i>	40
Ephesians 4:17-24	42
Make This Day Holy	43
<i>Holy in You</i>	44

Ephesians 4:25-32	46
Speaking and Listening	47
Do Not Grieve the Holy Spirit	48
Ephesians 5:1-20	49
Prayer Response to Ephesians 5:1-20	50
Christ Is Shining in You	51
Ũ	
Ephesians 5:21-33	52
Reflection on Love	53
Love	54
	04
Ephesians 6:1-9	55
Parenting	56
5	
A Father's Prayer	57
Ephesians 6:10-24	58
The Full Armor of God	59
Soldiers of Christ, Arise	61

Ephesians 1:1-3 (NASB)

Paul, an apostle of Christ Jesus by the will of God,

To the saints who are at Ephesus and who are faithful in Jesus Christ:

Grace to you and peace from God our Father and the Lord Jesus Christ.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ.

Complete Your Love in Us

Ephesians 1:1-14; 2:1-22; 3:14-21; 4:1-32; 5:1-2, 15-33; 6:1-9

Father, You are love. As You immerse us in Yourself, You immerse us in love.

Your work in us begins in love. When we were far away and walking the other direction, Your love patiently, sacrificially drew us near.

In the heavenly places,

in the power center of all reality, You blessed us abundantly in Your Son Jesus Christ. You lavished on us eternal gifts beyond our understanding.

You rooted us in love. You planted us in the rich soil of Your boundless goodness. As we grow in love and grow in You, we bear the fruit of love, nourishing the needy hearts all around us.

As You began Your salvation in love, You will complete it in love. You will come to us again. You will take us fully to Yourself. We will forever be Your chosen people, Your holy temple, Your glorious bride.

Praise to You, Father! As we trust and obey You, complete Your love in us.

Hymn recording: Love Has Brought Us Near

Love Has Brought Us Near

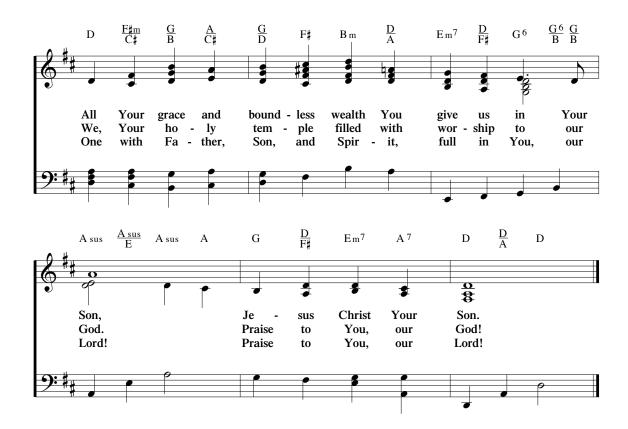
Ephesians 1:1-14; 2:1-22; 3:14-21; 4:1-32; 5:1-2, 15-33; 6:1-9



WORDS & MUSIC: Ken Bible

LOVE IN EPHESIANS 5.6.13.5.6.13.5.

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Ephesians 1:3-14 (NASB)

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will, to the praise of the glory of His grace, which He freely bestowed on us in the Beloved.

In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace which He lavished on us. In all wisdom and insight He made known to us the mystery of His will, according to His kind intention which He purposed in Him with a view to an administration suitable to the fullness of the times, that is, the summing up of all things in Christ, things in the heavens and things on the earth.

In Him also we have obtained an inheritance, having been predestined according to His purpose who works all things after the counsel of His will, to the end that we who were the first to hope in Christ would be to the praise of His glory.

In Him, you also, after listening to the message of truth, the gospel of your salvation – having also believed, you were sealed in Him with the Holy Spirit of promise, which is given as a pledge of our inheritance, with a view to the redemption of God's own possession, to the praise of His glory.

Prayer Response to Ephesians 1:3-14

Father, thank You for blessing me super-abundantly, eternally in Jesus Christ.

Thank You for choosing me and adopting me as Your own child in Jesus Christ.

Thank You for wiping out all my sins and all my sinfulness, completely and forever, in Jesus Christ.

Thank You for showing me that at the right time, You will bring together all reality in Jesus Christ.

Thank You for giving me a part in all You are and all are doing, Father, and for allowing me to glorify You in Jesus Christ.

Thank You for giving me the very Spirit of Jesus Christ Himself as a down payment that I enjoy freely now. This great gift is Your guarantee that when the time is perfect, You will fulfill every promise You have ever made and every beautiful purpose of Your loving heart, in Jesus Christ.

Hymn recording: Ephesians 1



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Ephesians 1:15-23

For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, I have not stopped giving thanks for you, remembering you in my prayers. I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.

I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe. That power is the same as the mighty strength he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come.

And God placed all things under his feet and appointed him to be head over everything for the church, which is his body, the fullness of him who fills everything in every way.

You Are the Blessing

Exodus 34:5-7; Psalm 86:15; John 1:14, 17

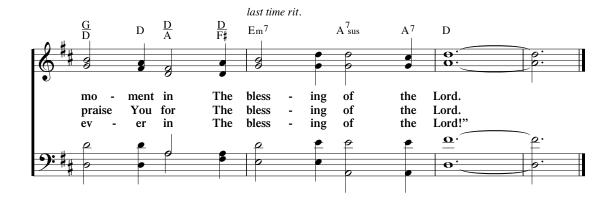
Father, how You long to bless Your people with all Your best! And You Yourself are the gift You most long to give. You are the prosperity that You pour into our souls. You are the peace, the harmony, the completeness, the well-being with which You would fill us and our world. Your own Spirit is the blessing that You would breathe and speak and sing throughout all we are into every corner of the universe. Father, in You we are cradled in Your unfailing love and absolute dependability. You are unfailing love. You are absolute dependability. In You we possess all things. In You we possess all the riches of reality rather than this world's passing illusions. You are All-in-all, the Source, the Goal, and the Giver. Whom do we have in heaven but You? And on earth, what could we ever need but You? In life, in death. in all the world, in all eternity, there is nothing we could want but the blessing You will soon give in all its fullness: Yourself.

Hymn recording: The Blessing of the Lord



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Ephesians 2:1-13 (NIV)

As for you, you were dead in your transgressions and sins, in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath.

But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions – it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.

For it is by grace you have been saved, through faith – and this is not from yourselves, it is the gift of God – not by works, so that no one can boast. For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Therefore, remember that formerly you who are Gentiles by birth and called "uncircumcised" by those who call themselves "the circumcision" (which is done in the body by human hands) – remember that at that time you were separate from Christ, excluded from citizenship in Israel and foreigners to the covenants of the promise, without hope and without God in the world. But now in Christ Jesus you who once were far away have been brought near by the blood of Christ.

Mercy

Almighty God, I don't need a major moral failure to experience Your mercy.I experience Your mercy every time you give me what I don't deserve.

You are an unbounded Being, complete in Yourself, the Source of all life and all that is. My existence is a mercy.

You are infinite in excellence,

perfect in power, wisdom, and love. You graciously gave me fellowship with You. I rejected You and chose myself:

> a speck of dust, a breath, utterly corrupt.

I chose death,

yet You continue to give me life. Every moment is a mercy.

I am insignificant.

Living in Your presence, sharing existence with You, I deserve to be summarily destroyed, or at best, completely ignored. Your attention is a mercy.

Even Your anger,

Your judgment,

Your condemnation are mercies.

Holy and just God,
You know all that I have thought and said and done.
Condemned, I deserve whatever punishment can be inflicted on such a miserable creature as me.
Your total forgiveness is

an unspeakable mercy.

Though I am marvelously forgiven, my response to You continues to be lukewarm, inconsistent, and ungrateful. I deserve Your disgust. Instead, in mercy You fill me with Yourself and tenderly grow me toward You. Day by day, every breath is a mercy. This beautiful earth is a mercy. Every chance to know You better is a mercy. Your faithful Spirit is such a mercy! The amazing privilege of prayer is a mercy. Your unfailing patience with my ignorance, weakness, and selfishness is a mercy.

Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning. (Lamentations 3:22-23, NIV)

Almighty God, my Father, You are compassion. You are kindness and goodness. You are deep and enduring love. My entire existence, every moment and forever, is enfolded in Your unending mercy. Praise to You! All praise to You, my Savior and my God!

Hymn recording: Sea of Mercy

Sea of Mercy

Exodus 34:6-7; Deuteronomy 7:9; Psalm 36:5-6a; 100:5; 118:1; 145:8-9; Lamentations 3:22-23; Micah 7:18-19; Romans 11:32; Ephesians 2:4-7; Titus 3:4-5; Hebrews 4:16



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Ephesians 2:14-22 (NASB)

For He Himself is our peace, who made both groups into one and broke down the barrier of the dividing wall, by abolishing in His flesh the enmity, which is the Law of commandments contained in ordinances, so that in Himself He might make the two into one new man, thus establishing peace, and might reconcile them both in one body to God through the cross, by it having put to death the enmity.

And He came and preached peace to you who were far away, and peace to those who were near; for through Him we both have our access in one Spirit to the Father.

So then you are no longer strangers and aliens, but you are fellow citizens with the saints and are of God's household, having been built on the foundation of the apostles and prophets, Christ Jesus Himself being the corner stone, in whom the whole building, being fitted together, is growing into a holy temple in the Lord, in whom you also are being built together into a dwelling of God in the Spirit.

Greater Than the Temple

In Christ, God's temple became more than anyone imagined it could be.

The temple was a building, designed as a house of prayer for all nations (Isaiah 56:7). It was a place of joy where people could talk with God, learn of Him, worship Him, and be assured of His care (Isaiah 2:2-5). In a sense, the temple made God's presence tangible.

Jesus began coming to the temple when He had to be carried (Luke 2:21-39). There His parents presented the infant Jesus to His true Father and dedicated Him to His service.

Virtually all that we know about Jesus' childhood is His devotion to His Father and to the temple (Luke 2:41-52). Even at age twelve, He thought of the temple as His Father's house. His desire to be about His Father's work drew Him there to a degree that confounded even His parents.

As an adult, Jesus continued to think of the temple as His Father's house. Thus He came to it in a unique capacity, as the Son of God (Matthew 17:24-27). He seemed to come at every opportunity. There He spoke the Father's words and did the Father's works. People who came to Jesus in the temple met their God face-to-face. He spent time with them, rubbed shoulders with them, taught them, and healed them.

They also experienced the Son's all-consuming zeal for His Father's house. They sensed His passion as, with sovereign authority, He cleansed it of all that distracted from God Himself (Matthew 21:12-13; Mark 11:15-16; Luke 19:45-46; John 2:14-22).

Yet Jesus also lifted people's sights beyond the temple buildings. He taught the Samaritan woman that true worship transcended the temple. Life could be engulfed in worship that flowed directly from our spirits to His, unencumbered by time and place (John 4:20-24). Referring to Himself, He told the Pharisees that *"something greater than the temple is here"* (Matthew 12:6, NASB). He proclaimed His own body as the true temple of God. The magnificent temple structures, which had taken forty-six years to build, would soon be completely leveled (Matthew 24:2). But when His bodily temple was destroyed, it would rise again in only three days (John 2:19).

The Spirit of Christ drew the early Church to the temple almost continually (Luke 24:52-53; Acts 2:46). Through Paul, the Spirit taught the Church that they themselves were God's living temple, His holy presence on earth (1 Corinthians 3:16-17; 6:19; 2 Corinthians 6:1; Ephesians 2:19-22). The New Testament closes with the promise that soon, life will be so completely engulfed in God that a temple building will be unnecessary (Revelation 21:22). In Jesus' zeal for the temple, we glimpse the Son's deep love for His Father, and the Father's burning desire to be forever one with His children.

Hymn recording: <u>We Have Come, God's Living Temple</u>

We Have Come, God's Living Temple

TUNE: Praise, My Soul, the King of Heaven (LAUDA ANIMA) Psalm 122:1; John 2:19-22; 4:23-24; Romans 12:1; 1 Corinthians 3:16-17; 6:19; 2 Corinthians 6:16; Ephesians 2:19-22; 4:11-16



Alt. Tunes: CWM RHONDDA; REGENT SQUARE

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Ephesians 3:1-13 (NASB)

For this reason I, Paul, the prisoner of Christ Jesus for the sake of you Gentiles – if indeed you have heard of the stewardship of God's grace which was given to me for you; that by revelation there was made known to me the mystery, as I wrote before in brief.

By referring to this, when you read you can understand my insight into the mystery of Christ, which in other generations was not made known to the sons of men, as it has now been revealed to His holy apostles and prophets in the Spirit; to be specific, that the Gentiles are fellow heirs and fellow members of the body, and fellow partakers of the promise in Christ Jesus through the gospel, of which I was made a minister, according to the gift of God's grace which was given to me according to the working of His power.

To me, the very least of all saints, this grace was given, to preach to the Gentiles the unfathomable riches of Christ, and to bring to light what is the administration of the mystery which for ages has been hidden in God who created all things; so that the manifold wisdom of God might now be made known through the church to the rulers and the authorities in the heavenly places.

This was in accordance with the eternal purpose which He carried out in Christ Jesus our Lord, in whom we have boldness and confident access through faith in Him.

Therefore I ask you not to lose heart at my tribulations on your behalf, for they are your glory.

Cross Every Barrier

Transcendent God, unseen God, high and holy God, You have broken down every barrier between You and US. You have come to us and made Yourself fully, humbly, humanly one with us. As You are now one with us, we are one with You. We share Your life. We share Your love. Within our hearts is the love that breaks down every barrier and crosses every boundary. No human being is off-limits to Your great compassion. No one is too unlovely. No one is too sinful. No one is too needy. Father, live that love through us. You have broken down every barrier. May we let none of those old barriers stand in our way not race or religion, not language or geography, not culture or education, not sexual orientation or social status, not comfort, self-centeredness, or fear. You are the Father of us all, and Your almighty love respects no boundaries. Make us bold in You, loving in You, joyful in You, ever sacrificing ourselves freely, completely to You. O great Father of all,

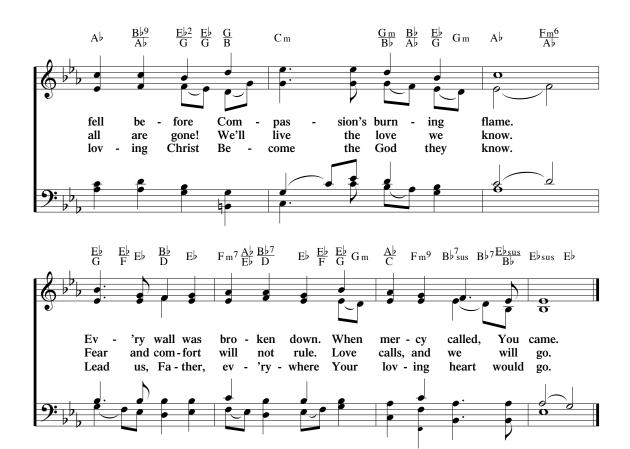
lead us everywhere Your love longs to go.

Hymn recording: <u>Beyond All Barriers</u>



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Ephesians 3:14-21

(NIV)

For this reason I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge that you may be filled to the measure of all the fullness of God. Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

Please Yourself, Lord

My Lord Jesus, I am amazed at how much life You have breathed into my deadness, how much loving wisdom into my selfish ignorance, how much consistency, how much holiness, how much of Yourself You have grown in me.

Loving Lord, Almighty God, Merciful Friend, this is my prayer today:

Please Yourself in me.

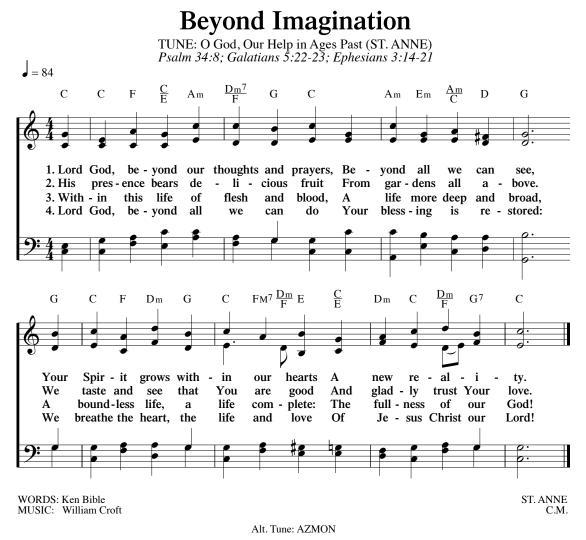
Wrap Yourself around my thoughts, permeate my feelings, seize my heart, energize all You have made me. Fulfill in me all that Your wisdom has planned.

all that Your wisdom has planned and all that Your love has dreamed.

Lord, please Yourself fully in me today.

Father, I am from You. May all I am flow back to You for Your glory alone.

Hymn recording: Beyond Imagination



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Ephesians 4:1-6 (NASB)

Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, with all humility and gentleness, with patience, showing tolerance for one another in love, being diligent to preserve the unity of the Spirit in the bond of peace.

There is one body and one Spirit, just as also you were called in one hope of your calling; one Lord, one faith, one baptism, one God and Father of all who is over all and through all and in all.

Follow One Leader

When he, the Spirit of truth, comes, he will guide you into all truth. (John 16:13, NIV)

So many valid concerns,

so many worthy goals, so many good things call for our attention. Focus on one aspect of your life, and other aspects seem to suffer. Care for one need, and you ignore other equally important needs.

How do we balance them all? How do we listen to all the voices calling for our attention?

Jesus gives us the freedom to follow only one leader.

He is our one Lord. He is our one source of all wisdom and all goodness.

He calls us to love Him above anything. He invites us to turn to Him whenever we need wisdom (James 1:5).

If we will listen, He will lead.

And as we are united with Him, we are united with all His people.

Hymn recording: One in Jesus



arr. by Ken Bible

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Ephesians 4:7-16

(NIV)

But to each of us grace has been given as Christ apportioned it. This is why it says: "When he ascended on high, he took many captives and gave gifts to his people." (What does "he ascended" mean except that he also descended to the lower, earthly regions? He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.)

So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up, until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

As We Live in Christ

As we live in Christ, we share His relationship with the Father. We share their love for each other and for every human being. As we live in Christ, we share His bond of love with all those He loves and all those who love Him. As we become one with Him, we become one with all those who are His. All our relationships now go through Him. He is the unseen partner in each one. We learn to love others because He loves them and we love Him. As we live in Christ. we grow to love as He loves, show compassion as He shows compassion, be patient as He is patient, absorb wrongs done to us as He absorbed them, forgive as He forgave. In loving all those around us, He is our master, our model. our standard, our source, and our goal. Wives, husbands, children, parents, bosses, employees, friends, enemies as we live in Christ, we love each one with the gentle, self-giving, patient, persistent love of Christ.

As we trust Christ, we live in Him, and love is the very breath of His heart. As we trust Christ, He fills our beings with His own loving Spirit. His Spirit helps us love everyone in Christ, for Christ, like Christ, as loving Christ Himself.

Hymn recording: Live and Love and Grow in Christ

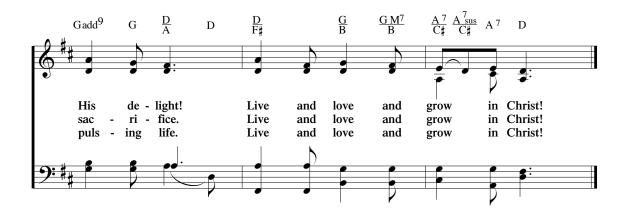
Live and Love and Grow in Christ

TUNE: Shepherds! Shake Off Your Drowsy Sleep (BESANCON) Matthew 5:43-48; John 13:34-35; 1 Corinthians 13; Ephesians 3:14-21; 4; 5; 6:1-9; 1 John 3:18



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= 52



Ephesians 4:17-24 (NASB)

So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart; and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness.

But you did not learn Christ in this way, if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, that in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, and that you be renewed in the spirit of your mind, and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

Make This Day Holy

Lord, no matter what day of the week it is, make this day a Sabbath, set apart entirely to You. Make every moment holy. Every thought, holy. Every word, an offering. Give every act the fragrance of love. Make my mind a temple of prayer. Today, Lord. Make my life a living sacrifice. Make *me* a living sacrifice, holy, pleasing to You. Holy, Lord. Make this day holy

holy by Your presence and loving control.

Hymn recording: Holy in You

Holy in You



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Ephesians 4:25-32 (NASB)

Therefore, laying aside falsehood, speak truth each one of you with his neighbor, for we are members of one another. Be angry, and yet do not sin; do not let the sun go down on your anger, and do not give the devil an opportunity.

He who steals must steal no longer; but rather he must labor, performing with his own hands what is good, so that he will have something to share with one who as need.

Let no unwholesome word proceed from your mouth, but only such a word as is good for edification, according to the need of the moment, so that it will give grace to those who hear.

Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.

Be kind to one another, tenderhearted, forgiving each other, just as God in Christ also has forgiven you.

Speaking and Listening

Ephesians 4:25-32; 1 Thessalonians 5:19-22

Father, I need Your Spirit living in me constantly.

But I hear Your warning:

Do not grieve the Holy Spirit of God. (Ephesians 4:30, NIV) Do not cause Him sorrow or pain.

And:

Do not put out the Spirit's fire (1 Thessalonians 5:19, NIV). Do not hinder His working among you. Do not ignore His wisdom or frustrate His love.

Lord, how do I grieve You or cause You pain?

Ephesians 4:25-32 says that

I grieve You by what I say to my fellow believers.

I wound You with words spoken against my brothers and sisters, words that are careless, angry, hasty, and self-serving. When I hurt any member of Your Body, You feel the pain.

And how do I quench Your Spirit?

What do I do that hinders His work?

1 Thessalonians 5:19-22 says that

when I fail to listen when other believers speak,

when I turn them off without hearing them,

I may be ignoring You.

For Your words don't usually come to us

through a booming voice from heaven.

But Your Spirit speaks

Your precious wisdom through Your children.

Savior, help me cherish Your presence

in each of my brothers and sister.

As I speak to them,

may I always do so with the love I owe You.

As they speak to me,

let me listen from my heart, eager to hear

Your voice, my loving Lord.

Hymn recording: Do Not Grieve the Holy Spirit

Do Not Grieve the Holy Spirit

TUNE: I Will Arise Ephesians 4:25, 29-31; 1 Thessalonians 5:19-22



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Ephesians 5:1-20 (NASB)

Therefore be imitators of God, as beloved children; and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma.

But immorality or any impurity or greed must not even be named among you, as is proper among saints; and there must be no filthiness and silly talk, or coarse jesting, which are not fitting, but rather giving of thanks. For this you know with certainty, that no immoral or impure person or covetous man, who is an idolater, has an inheritance in the kingdom of Christ and God.

Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience. Therefore do not be partakers with them; for you were formerly darkness, but now you are Light in the Lord; walk as children of Light (for the fruit of the Light consists in all goodness and righteousness and truth), trying to learn what is pleasing to the Lord. Do not participate in the unfruitful deeds of darkness, but instead even expose them; for it is disgraceful even to speak of the things which are done by them in secret.

But all things become visible when they are exposed by the light, for everything that becomes visible is light. For this reason it says,

"Awake, sleeper, And arise from the dead, And Christ will shine on you."

Therefore be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil. So then do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody with our heart to the Lord; always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father.

Prayer Response to Ephesians 5:1-20

Father, I am pleased when I see my children imitating my better qualities. Help me to daily imitate Your character and Your personality. Shape the way I walk day by day. Help me to walk like Christ. with every word, attitude, and action flowing from His Spirit in me. Help me to walk joyfully, rejecting every angry, bitter, anxious thought. Help me to live wisely, in full response to You. Help me to stay focused on knowing Your will, doing Your will, always pleasing You. Help me to remain gladly ready to give myself, not drawn away by greed, dulled by self-indulgence, or distracted by shallow physical stimulants. Father, I want to be giving thanks to You always, in all things, with heart, mind, and voice. I want to walk as Your true child, in the holy beauty of Your Son,

Jesus Christ.

Hymn recording: Christ Is Shining in You

Christ Is Shining in You



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Ephesians 5:21-33 (NIV)

Submit to one another out of reverence for Christ. Wives, submit yourselves to your own husbands as you do to the Lord. For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. Now as the church submits to Christ, so also wives should submit to their husbands in everything.

Husbands, love your wives, just as Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless.

In the same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church – for we are members of his body.

"For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh." This is a profound mystery – but I am talking about Christ and the church. However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

Reflection on Love

God created us from Himself. God created human love from Himself love in all its richness: its mystery, pleasure, pain, and delight. Love celebrates! Love grieves. Love fixes all its attentions on its beloved. It gives itself completely, joyfully, lavishly, sacrificially, without counting the cost. Love sees in its beloved what no one else can see. Love sees a unique loveliness in that one. Love admires, exalts, and crowns its beloved with all its very best. Love hungers for deep union with that one, a union that nothing else and no one else can satisfy. Love longs. Love seeks. Love yearns. Love waits.

God is love. And each and every one of us is His beloved.

Hymn recording: Love

for Gloria

Love



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Ephesians 6:1-9 (NASB)

Children, obey your parents in the Lord, for this is right. Honor your father and mother (which is the first commandment with a promise), so that it may be well with you, and that you may live long on the earth.

Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

Slaves, be obedient to those who are your masters according to the flesh, with fear and trembling, in the sincerity of your heart, as to Christ; not by way of eyeservice, as menpleasers, but as slaves of Christ, doing the will of God from the heart. With good will render service, as to the Lord, and not to men, knowing that whatever good thing each one does, this he will receive back from the Lord, whether slave or free.

And masters, do the same things to them, and give up threatening, knowing that both their Master and yours is in heaven, and there is no partiality with Him.

Parenting

Without God's help, the demands of parenting could overwhelm us. At times being a parent requires more wisdom and patience than we have to give. But remember:

His divine power has given us everything we need for life and godliness. (2 Peter 1:3, NIV)

As a parent, be confident in God's gifts to you.

God offers us His wisdom. Here's a promise that every parent should write on their bathroom mirror and engrave on their heart:

If any of you lacks wisdom, he should ask God, who gives generously without finding fault, and it will be given to him. (James 1:5, NIV)

God gives us His Spirit. We have the presence, the love, the inner strength, the unshakable peace of God Himself. Just trust Him.

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. (Galatians 5:22-23, NIV)

God is the Father of each and every one of us. He is your Father, and He is the Father of your children. The wisdom, the love, the strength, and the ultimate responsibility are all His. You are only His steward for awhile.

Realize that of all His names and titles, God cherishes "Father" the most. "Father" is what He wants us to call Him. And in His love for you, He has graciously given you a part in His most treasured role: parenting new human lives, lives that will last forever. Parent your children in His love, His strength, and His wisdom. Parent them in simple, daily confidence in God, not yourself.

He is always, always with you — just remember to depend on Him.

Hymn recording: <u>A Father's Prayer</u>



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Ephesians 6:10-24 (NASB)

Finally, be strong in the Lord and in the strength of His might. Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.

Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm. Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God.

With all power and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints, and pray on my behalf, that utterance may be given to me in the opening of my mouth, to make known with boldness the mystery of the gospel, for which I am an ambassador in chains; that in proclaiming it I may speak boldly, as I ought to speak.

But that you also may know about my circumstances, how I am doing, Tychicus, the beloved brother and faithful minister in the Lord, will make everything known to you. I have sent him to you for this very purpose, so that you may know about us, and that he may comfort your hearts.

Peace be to the brethren, and love with faith, from God the Father and the Lord Jesus Christ. Grace be with all those who love our Lord Jesus Christ with incorruptible love.

The Full Armor of God

Father, in this evil world we must struggle with evil – evil that threatens us from outside and tempts us from within.
Whether this evil approaches us subtly or brazenly, its purpose is always the same.
Jesus said it always comes

to steal and kill and destroy. (John 10:10, NASB)

When Jesus came into this world, He came armed with the Spirit of God:

> The Spirit of the Lord will rest on Him, The spirit of wisdom and understanding, The spirit of counsel and strength, The spirit of knowledge and the fear of the Lord.

Righteousness will be the belt about His loins, And faithfulness the belt about His waist. (Isaiah 11:3, 5, NASB)

This same Spirit arms us as well.

For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in heavenly places. (Ephesians 6:12, NASB)

Though Jesus was as human as we are,
He overcame evil in this world completely, and
He arms us to overcome it completely as well.
He urges us to be strong in Him and in His power, not our own.
We must put on the full armor He has provided.
Put on the belt of truth.
Since we are children of Almighty God, truth and reality are on our side, not Satan's.
Thus His primary weapon is deceit.

Protect yourself with the truth.

Prepare yourself for battle with the truth.

Know the truth, speak the truth, and live the truth.

Protect your vital organs with the breastplate of righteousness. Your ultimate safety in this war is being on God's side. A mind, heart, and lifestyle that aren't right with Him leave us vulnerable to the attack of evil.

Strap your feet with the gospel of peace.
How can we march forward to do God's work over rough, uneven ground?
We are prepared and protected by the gospel of Jesus Christ, the good news of peace in Him.
That wonderful message we bring to others also keeps us steady.
All the above are static pieces of armor, fixed to protect various parts of our body.
But make sure you have the shield of faith.
You will need to wield it, to raise it against various fears, problems, and concerns that Satan will sling your way.
When a concern arises, raise the shield of faith: "Lord, we are concerned about this need. We bring it to You and trust You to help us with it."

How do we protect the most vital part of our bodies, our head?
That is where our thoughts originate, and the head guides the rest of the body.
So put on the helmet of salvation.
It protects us with the confidence that God's salvation has rescued us completely from sin, evil, and death.
Thus the helmet of salvation is not only protective, but it is also a decorative helmet of victory.
It reminds us and shows the world that the battle has already been won.

Finally, we also protect ourselves with the sword of the Spirit, which is the Word of God. God has already proclaimed our final victory! All who believe are safe in Him, and

the war against evil will soon be over and won.

Thanks be to God, who gives us the victory through our Lord Jesus Christ. (1 Corinthians 15:57, NASB)

Hymn recording: Soldiers of Christ, Arise

Soldiers of Christ, Arise TUNE: Crown Him with Many Crowns (DIADEMATA) Ephesians 6:10-17

→ = 96



WORDS: Ken Bible and Charles Wesley MUSIC: George J. Elvey DIADEMATA S.M.D.

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